

Evidence-Based Practice for Policy Makers

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Blueprints Conference
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Overview of Topics

- **EBP Principles & Progress**
- Assessing areas in need of reform
- Engaging and motivating stakeholders
- Assessing community needs
- Legal and organizational reforms
- Selecting programs
- Implementation
- Accountability & Sustainability

Evidence-Based Practice

- **Uses scientific principles** to assess the available evidence regarding program effectiveness, and develop principles for best practice in any particular field

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Evidence-Based Programs

- Proven program strategies and models have been shown to consistently improve outcomes, when implemented correctly
- They cover full range of child development
- Several pay for themselves, many times over, primarily in reduced corrections costs

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An Important Qualification

- Proven programs all require substantial training, ongoing quality assurance & monitoring.
- They only work when implemented with a high degree of fidelity
- At this time proven programs account for only a small percentage of the treatment & rehabilitation market

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Reference sources that identify EBPs

- **Blueprints for Violence Prevention**
- **WSIPP**
- **Coalition for Evidence Based Policy**
- **CrimeSolutions.gov**

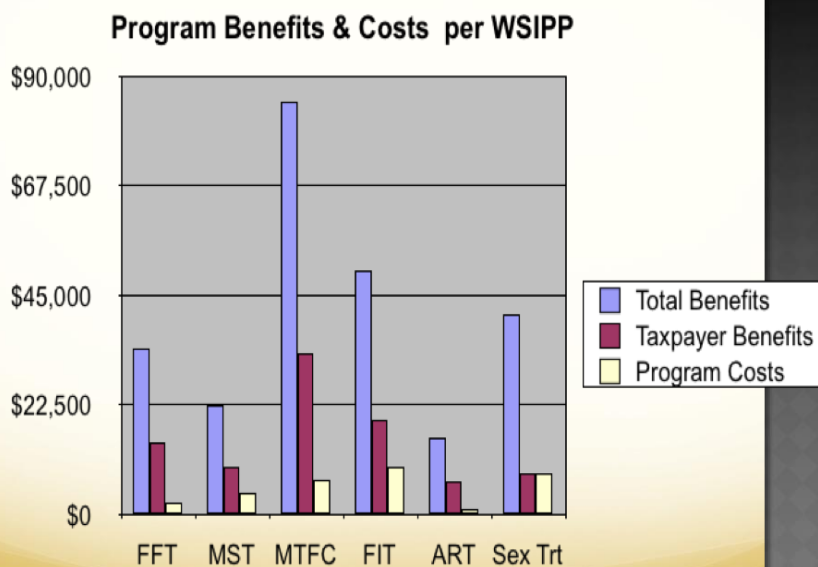
Blueprint Proven Program Models

• For Juvenile Offenders

- Functional Family Therapy (FFT)
- Multisystemic Therapy (MST)
- Multidimensional Treatment Foster Care (MTFC)

▪ For Primary Delinquency Prevention

- New Beginnings; Life Skills Training (LST); Nurse Family Partnership; PATHS; Positive Action; Project Toward No Drug Abuse;



Advantages of Proven EBPs



- Reduced crime
- Reduced cost to taxpayers
- Save lives
- Training, Manuals, QA

No brainer for state policy makers



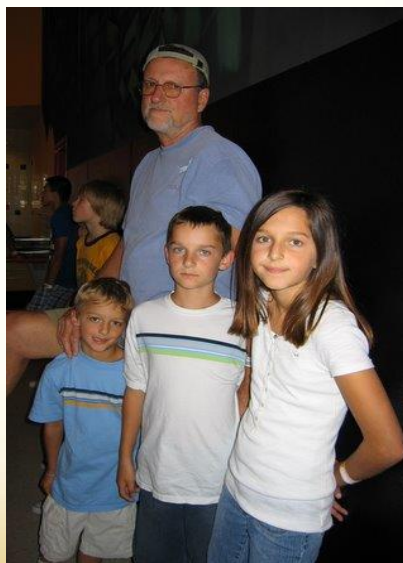
Shift resources to proven programs, from those that are less effective !

Major events of 1997

- Gas price rises to \$1.22 per gallon
- Tony Blair becomes Prime Minister of the UK
- Princess Diana killed in car crash
- Dow Jones Industrials close above 7000
- **Blueprint Model Program list published**
- My 4th grandchild is born

2006

- Gas is \$3.12/gal
- AAEBP 1st meeting in NYC
- LA selected for MfC
- Changing Lives published
- Hannah (age 9) has 2 brothers



2013
A whole new
Hannah

How is the spread
of EBPs going in
your state?

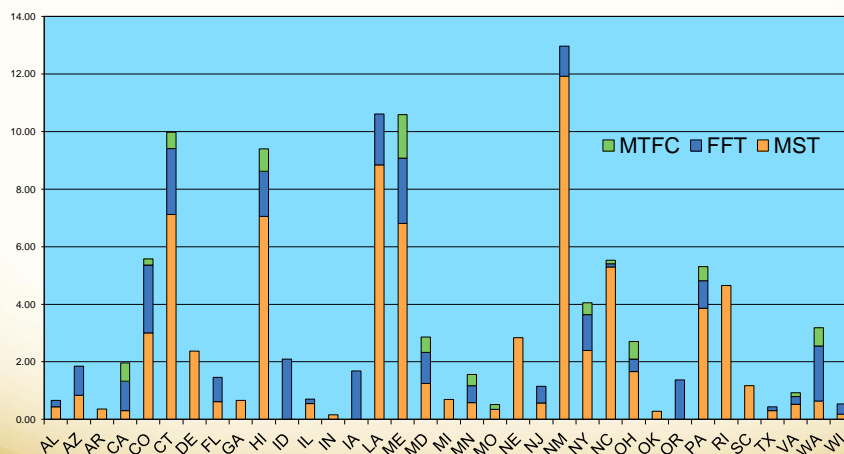
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Availability of MST, FFT & MTFC

(per million population in 2011)

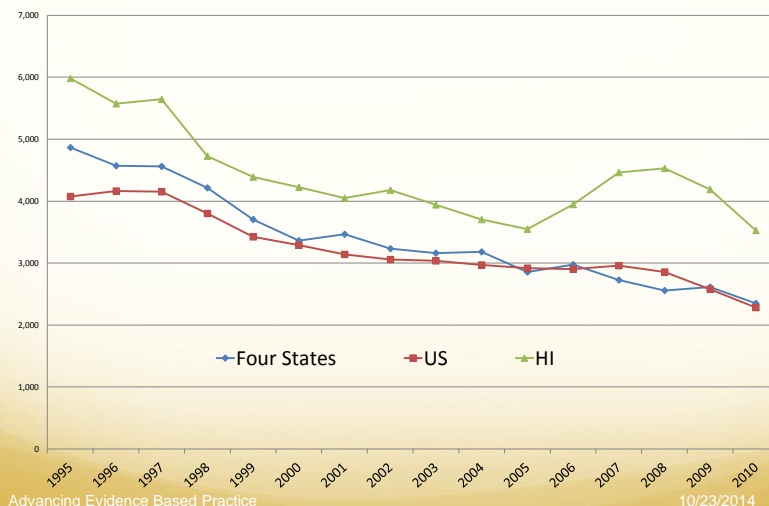


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Juvenile arrest rates in four lead states compared to the U.S. and Hawaii, 1995-2010



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Key steps in statewide expansion

- Concerns about quality of services
DOJ lawsuit – Newspaper headlines
- Involvement of key stakeholders
- Development of local expertise – Center for EBP
- Selection of EBPs to be supported by state
- Pilot testing of new EBPs
- Funding for designated EBPs start-ups
- TA to local communities for:
 - Assessment
 - EBP selection
 - Implementation
 - QA

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Connecticut

- 70% of BH resources going to out of state residential
- JJ residential facilities inadequate
- Gov's Blue Ribbon Commission
- MST pilot with Byrne Grant funding in 1999
- Today: MST, FFT, MTFC, BSFT, TF-CBT, Emergency Mobile Psychiatric Services (EMPS)

What makes Louisiana special?

- Troubled JJ system
- Decentralized
- Late start (2006) compared to other lead states
- Appointment of health professional to lead the effort, who had trained many people in the system
- Models for Change
- Bottom up approach.... supported from the top

Evidence-Based Policy Academy

- Helping stakeholders improve outcomes for at-risk youth- EBP IMPLEMENTATION ACADEMY
 - Collaborative effort between LSU-IPHJ, Advancing EBP, MacArthur, Pew & others
 - RFP to key stakeholders re EBP Academy for team participation in Academy with follow-up coaching.
 - Select 6-8 best proposals based on:
 - Compatibility with LSU model
 - Feasibility
 - Local investment
 - Compare results to non-selected states

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Assessing areas in need of reform

- Public Safety Performance Project, The Pew Charitable Trusts
 - Use of residential placements
 - Aftercare
 - Community based programs
 - Status offenders
 - Parenting
 - Cross-over youth
 - Mental Health
 - Substance abuse
 - Prevention



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Engaging and motivating stakeholders

- Basic approach
 - Networking
 - Listening
 - Identifying common concerns
- What outcomes do stakeholders want to see improved?
 - Recidivism
 - Costs
 - Educational
 - Crime rate



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Risk / Need	Family	Educ	Sub Abuse	Mental Health
LOW				
MED				
HIGH				

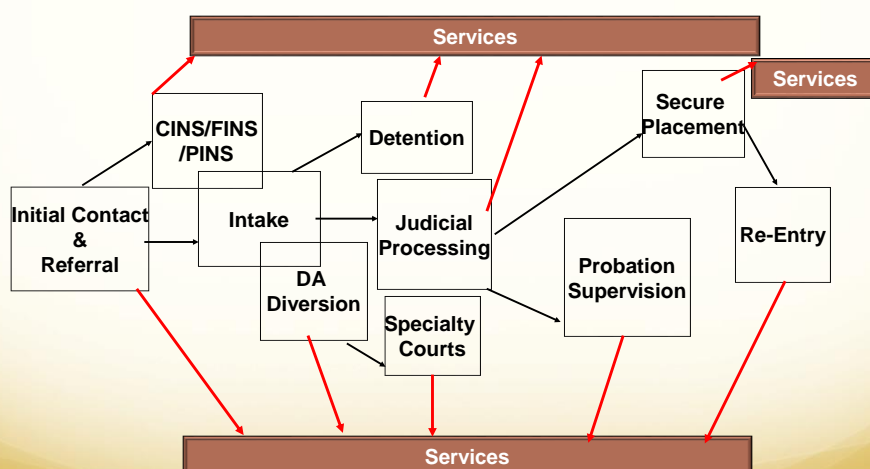
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Assessing community needs

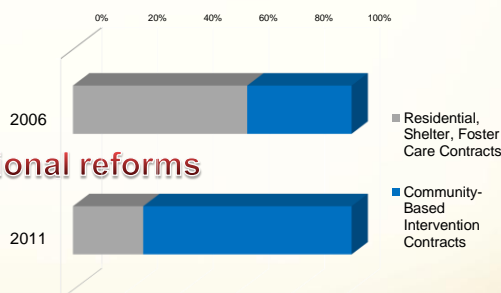
- Areas of concern
- Communities That Care
- Data sources
 - Police, Probation, Mental Health, Child Welfare, University, Public Health, Census
- Outcomes

Conduct Needs Assessment- **Who's** doing **what** with **whom**, **how**, & **where**



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Legal and organizational reforms

- Juvenile Justice independent of adult corrections & probation
- Funding for EBP startups
- Funding reorganization and prioritizing
- Establishment of Center for Effective Programing

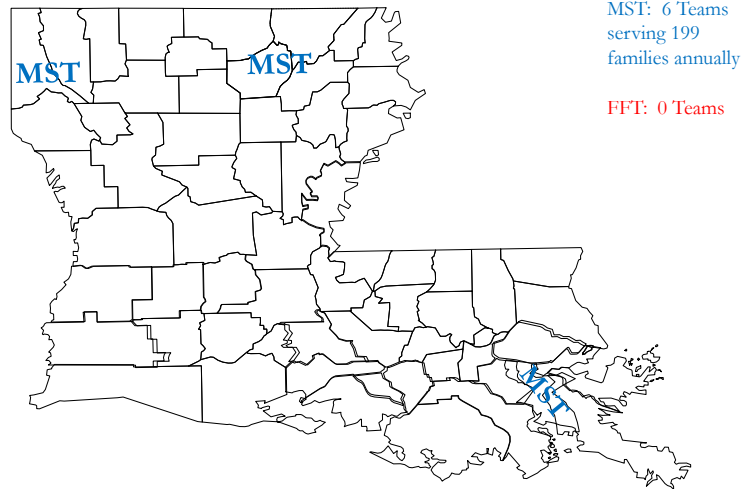
Less than 10% of juvenile offenders are afforded access to programs with proven effectiveness to meet their needs...


(Greenwood, Welch & Roque, 2012)

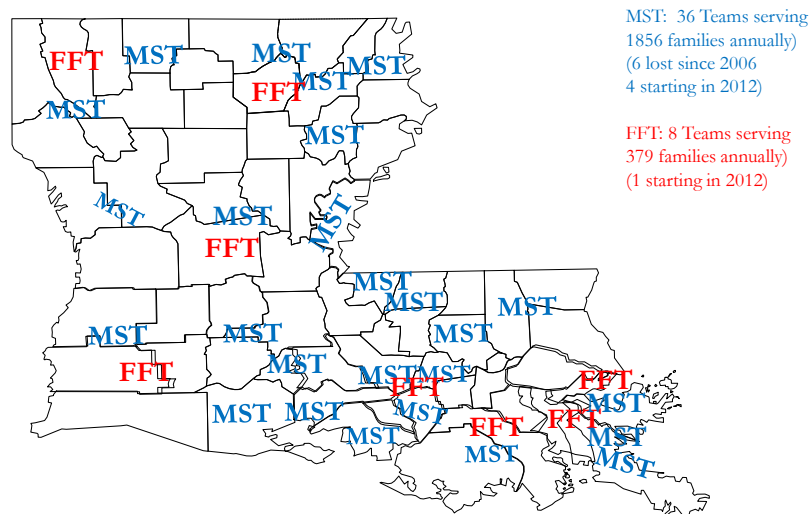
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Trends in Services- 2006



Trends in Services- 2011



Selecting Programs

- Client needs
- Make or Buy
- Blueprints
- WSIPP
- Crime Solutions.gov

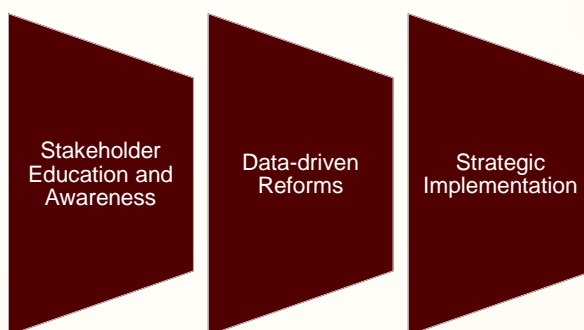


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Implementation

- Stages
- Drivers
- Centers for Effective Practice
- Role of purveyors
- Going it alone

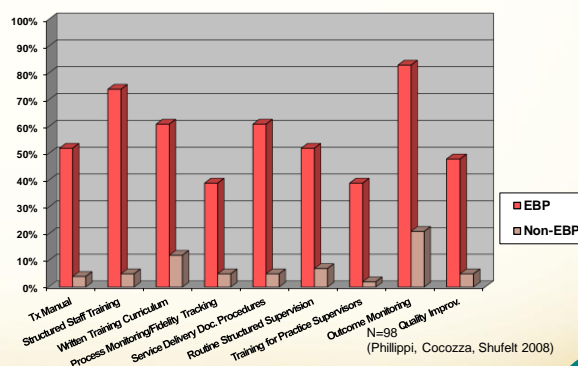


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Accountability for performance

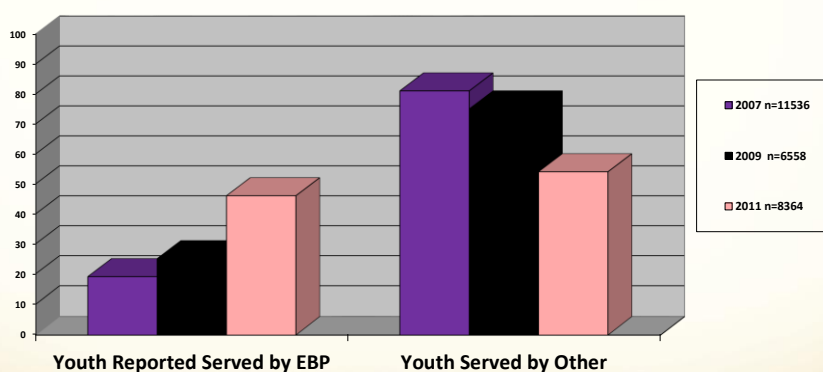
- Funder
- Provider
- Purveyors
- Supervisors
- Clinical staff



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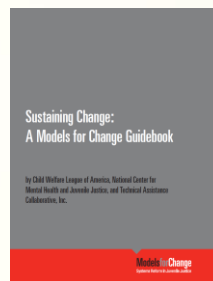
Monitoring Performance



Sustainability



- Fidelity
- Funding
- Public relations
- Continuous Quality Improvement



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