

Supporting JJ-Involved Youth Experiencing Behavioral Health Disorders

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The Issues of Behavioral Health in JJS

- 65 - 70% diagnosable mental disorder & over 50% meet co-occurring criteria
- 40 – 50% detained test positive for drug use

Less than 10% of juvenile offenders are afforded **access to programs with proven effectiveness** to meet their needs...



(Greenwood, Welsh & Rocque, 2012)

Background

- MacArthur Foundation and SAMHSA collaboration coordinated by the IPHJ, NCMHJJ and TAC, Inc.
- Goal- Increase the number of youth with co-occurring mental and substance use disorders diverted out of the JJS to appropriate and effective community-based services

The image displays two overlapping web pages. The top page is the 'Collaborative for Change' website, which features a navigation menu with 'HOME', 'ABOUT', 'SERVICES', 'RESOURCES', and 'REQUEST ASSISTANCE'. The main content area is titled 'IMPLEMENTING EVIDENCE-BASED PRACTICES' and discusses the challenges of mental illness and substance abuse in the juvenile justice system. The bottom page is a browser window showing the 'LSU Health New Orleans School of Public Health' website. It includes a search bar, a navigation menu with 'About', 'Resources', 'Events', 'News', 'Spotlight', 'Publications', and 'Contact', and a featured image of a man presenting to an audience.

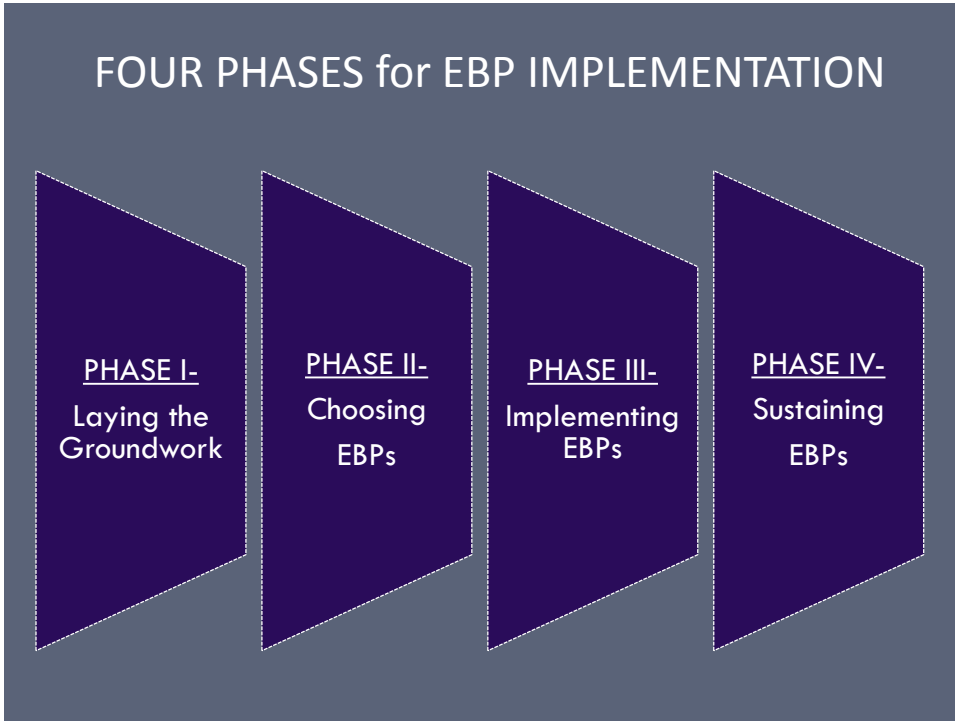
Start with the End in Mind

- Improve Services
- Reduce the impact of symptoms of mental illness
- Save Lives
- Reduce Crime
- Reduce Cost to Taxpayers
- More Effectively Bring Research Driven Practices to Scale

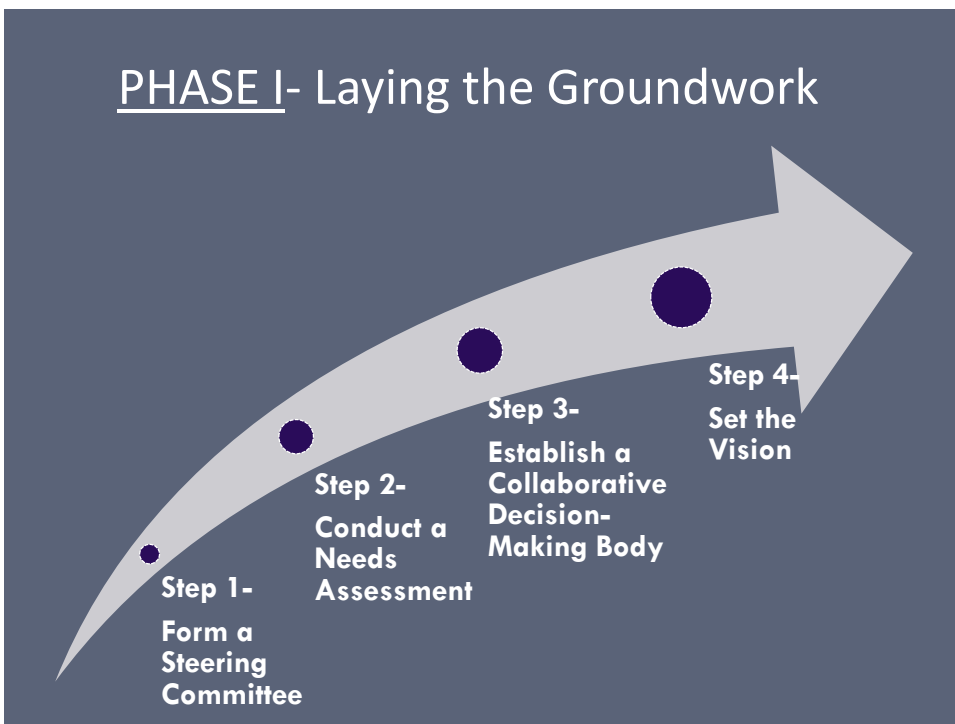
Early Barriers

- Knowledge of programs
- Policies don't emphasize EBPs
- Motivation to change or adopt something new
- Routines- Can the existing structure be changed?
- Insufficient professional development
- Cost or availability of training for a program
- What else.....

FOUR PHASES for EBP IMPLEMENTATION



PHASE I- Laying the Groundwork



PHASE 1- LAYING THE GROUNDWORK

FORM A STEERING COMMITTEE...

- that collaborates and makes decisions
- GOAL...consensus vision

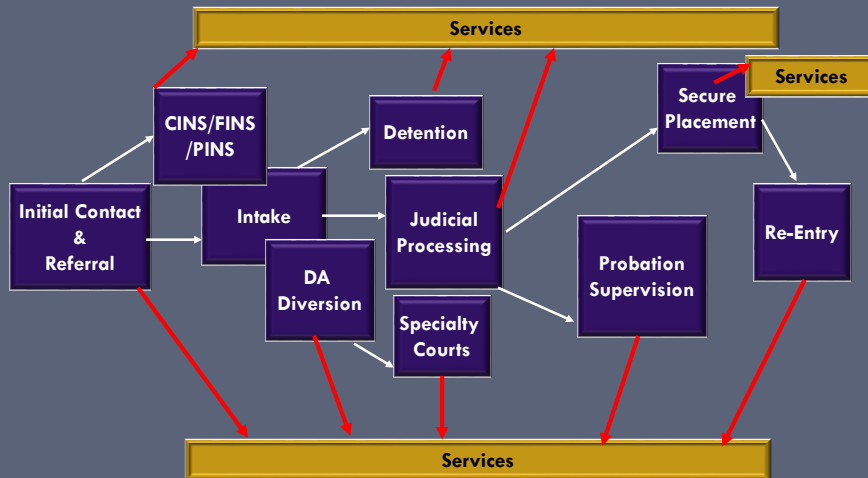


Committees.....

Should look like your local area & include consumers



Conduct Needs Assessment- Who's doing what with whom, how, & where



Set the Vision

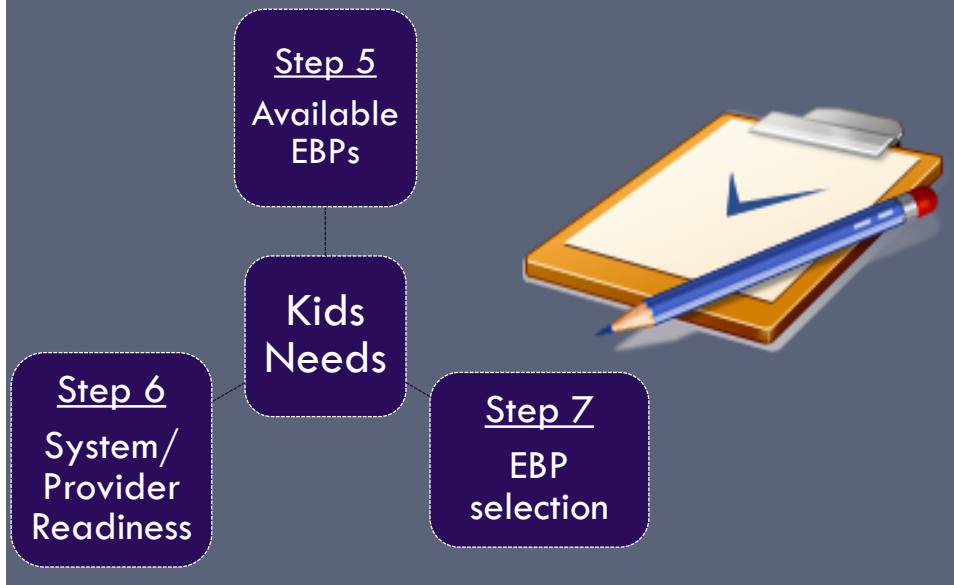
Not where you might be...



Where you want to be...



Phase II- Choosing EBPs



Readiness Guide Areas

- Target Population
- Funding
- Level of collaboration
- Level of evidence
- Recognized Practice
- Structure of the Practice
- Family Involvement/ Engagement
- Youth Outcomes
- Diversity
- Workforce Requirements
- Feasibility of Implementation
- Organizational Experience with EBPs
- Organizational Readiness

Identified Need, Practitioner Capacity, and EBP Fit

Risk / Need	Family	Educ	Sub Abuse	Mental Health
LOW				
MED				
HIGH				

LOCAL PROGRAMS TO FIT NEEDS



Risk Factor	Characteristics	Successful interventions . . .	EPB Example
Individual	Impulsive, substance-using, and antisocial behaviors as strong predictors of adolescent delinquency such as theft, fighting, and vandalism	Hone skills to decrease impulsivity, decrease substance use, promote recovery and resilience	Chestnut Health Systems-Bloomington Adolescent Outpatient (OP) and Intensive Outpatient (IOP) Treatment Model Life Skills Training Multidimensional Family Therapy Multisystemic Therapy for Juvenile Offenders The Seven Challenges
Family	Abuse, neglect, substance abuse by family members, familial dysfunction	Target parental mental and substance use disorders, parent-child conflict, and abusive/neglectful behavior	Brief Strategic Family Therapy Functional Family Therapy Multidimensional Family Therapy Multisystemic Therapy for Juvenile Offenders

Phase III- Taking off...Implementing EBPs

Boeing 737 Take Off by George Hall



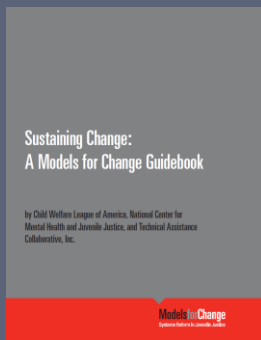
Step 8: Implement Selected EBP

- Staffing, training & administration
- P&Ps
- Data and Info Sharing

Step 9: Quality Assurance

- Licensing requirements
- Youth Outcomes
- Staff Turnover

Phase IV- Sustaining EBPs... STICK THE LANDING!



STEP 10: Sustaining EBPs



Strategies for Success

- Leadership & Management
- Collaboration/Stakeholder support
- Realignment of Resources
- Align interventions with state/community needs
- Training & Technical Assistance
- Developing sustainability plan including program evaluation

Thank You!
Contact Information...

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